

# JULY 2021

*In the end*  
**WE WILL ONLY**  
**REGRET**  
**THE CHANCES WE**  
**DIDN'T TAKE**

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Lift 9:30-10:30  Practice 6:30-8:00pm	2	3
4	5 ⌂ Summer League @ 6:40 vs Liberty	6 Lift 9:30-10:30  Practice 6:30-8:00pm	7	8 Lift 9:30-10:30  Practice 6:30-8:00pm	9	10
11	12 ⌂ Summer League @ 5:35 vs Nazareth	13 Lift 9:30-10:30  Practice 6:30-8:00pm	14	15 Lift 9:30-10:30  Practice 6:30-8:00pm	16	17
18	19 ⌂ Summer League CROSSOVERS??	20 Lift 9:30-10:30 Summer League CROSSOVERS?? Practice 6:30-8:00pm	21	22 Lift 9:30-10:30  Practice 6:30-8:00pm	23	24
25	26	27 Lift 9:30-10:30  Practice 6:30-8:00pm	28	29 Lift 9:30-10:30  Practice 6:30-8:00pm	30	31
			NOTES:			

**Important Reminders:**

- Be sure you complete FAMILY ID and FALL PHYSICAL!!
- Athletes have access to a free physical through LVHN.